

SESSION: 2025-26
CLASS-XI
ENGLISH
Total Lesson-Literature- 10
Poem-5
Grammar-3
TERM I
TERM II
HALF YEARLY EXAMINATION
FINAL EXAMINATION
LITERATURE
Hornbill

- L-1 The Portrait of a Lady
- L-2 We're Not Afraid to Die, if We Can All Be Together
- L-3 Discovering Tut: The Saga Continues

Snapshot

- L-1 The Summer of the Beautiful White Horse
- L-2 The Address
- L-3 Mother's Day

POEM

- The Laburnum Top
- The Voice of the Rain

GRAMMAR

- Tenses
- Gap Filling
- Transformation of Sentences
- Phrases and Clauses

READING SKILLS AND WRITING SKILLS

- Unseen Passage (Literary or Discursive)
- Unseen Passage (Case Based)
- Note Making.
- Advertisement
- Speech
- Debate
- Poster making

ASL (ASSESSMENT FOR SPEAKING SKILLS AND LISTENING SKILLS)

Unknown audio clip will be played. Questions related to the same will be asked to assess the Listening Skills. Random topics will be given to assess the Speaking Skills

LITERATURE
Hornbill

- L-1 The Portrait of a Lady
- L2-We're Not Afraid to Die... if We Can All Be Together
- L-3 Discovering Tut: The Saga Continues
- L-4 The Adventure
- L-5 Silk Road

Snapshot

- L-1 The Summer of the Beautiful White Horse
- L-2 The Address
- L-3 Mother's Day
- L-4 Birth
- L-5 The Tale of Melon City

POEM

- A Photograph the Laburnum Top
- The Voice of the Rain
- Childhood
- Father to Son

GRAMMAR

- Tenses
- Gap Filling
- Transformation of Sentences
- Phrases and Clauses

READING SKILLS AND WRITING SKILLS

- Unseen Passage (Literary or Discursive)
- Unseen Passage (Case based)
- Note Making.
- Formal Invitation
- Writing a Debate based on Visual/ Verbal Inputs in 120-150 words. The Theme Should be Contemporary Topical Issues.
- Notice Writing
- Classified Advertisement
- Poster Making on Contemporary/ Topical issue
- Speech on a Contemporary/Topical Issue
- Business Letters (Complaint/ Order Placement or Replacement), Official Letters

ASL (ASSESSMENT FOR SPEAKING SKILLS AND LISTENING SKILLS)

Unknown audio clip will be played. Questions related to the same will be asked to assess the Listening Skills. Random topics will be given to assess the Speaking Skills.

No. of Lesson -8
No. of Lesson-15

SESSION: 2025-26 CLASS-XI HINDI CORE 302		
अभिव्यक्ति और माध्यम 07		पूरक पाठ्यपुस्तक 'वितान' 04
कुल पाठ 27 पाठ्यपुस्तक 'आरोह' 16		
प्रथम सत्र	द्वितीय सत्र परीक्षा	
अर्द्ध वार्षिक परीक्षा	वार्षिक परीक्षा	
<p>अपठित बोध</p> <p>• अपठित गद्यांश और अपठित काव्यांश</p> <p>अभिव्यक्ति और माध्यम</p> <p>• रचनात्मक लेखन-अनुच्छेद</p> <p>• औपचारिक पत्र लेखन</p> <p>पाठ 1. जनसंचार माध्यम</p> <p>पाठ 2. पत्रकारिता के विविध आयाम</p> <p>पाठ 9. डायरी लिखने की कला</p> <p>पाठ 10. कथा-पटकथा</p> <p>पाठ्यपुस्तक -आरोह 1</p> <p>गद्य खंड</p> <p>पाठ 1. नमक का दारोगा</p> <p>पाठ 2. मियाँ नसरुद्दीन</p> <p>पाठ 3. अपू के ढाई साल</p> <p>पाठ 4. विदाई संभाषण</p> <p>पाठ 5. गलता लोहा-शेखर जोशी</p> <p>काव्य खंड</p> <p>पाठ 9. प्रथम पद-कबीर</p> <p>पाठ 10. प्रथम पद- मीरा</p> <p>पाठ 11. घर की याद — भवानी प्रसाद मिश्र</p> <p>पाठ 12. चंपा काले काले अच्छर नहीं-त्रिलोचन</p> <p>पाठ 13. गज़ल— दुष्यंत कुमार</p> <p>पूरक पाठ्यपुस्तक -वितान 1</p> <p>पाठ 1. भारतीय गायिकाओं में बेजोड़</p> <p>पाठ 2. राजस्थान की रजत बूँदें</p> <p>आंतरिक मूल्यांकन – 20 अंक</p> <p>(अ) श्रवण एवं वाचन कौशल- 10 अंक</p> <p>दिए गए विषय वस्तु के मूल्यांकन के आधार पर</p> <p>(ब) परियोजना कार्य — 10 अंक</p> <p>भाषा और साहित्य से जुड़े विविध विषयों/विधाओं/ साहित्यकारों / समकालीन लेखन के आधार पर</p>	<p>अपठित बोध</p> <p>• अपठित गद्यांश और काव्यांश</p> <p>अभिव्यक्ति और माध्यम</p> <p>• रचनात्मक लेखन- अनुच्छेद</p> <p>• औपचारिक पत्र लेखन</p> <p>पाठ 14. कार्यालयी लेखन और प्रक्रिया</p> <p>पाठ 15. स्ववृत्त लेखन और रोजगार संबंधी आवेदन</p> <p>पाठ 16. कोश -एक परिचय पाठ्यपुस्तक -आरोह 1</p> <p>गद्य खंड</p> <p>पाठ 6. रजनी- मन्नू भंडारी</p> <p>पाठ 7. जामुन का पेड़-कृष्ण चंद्र</p> <p>पाठ 8. भारत माता- जवाहर लाल नेहरू</p> <p>काव्य खंड</p> <p>पाठ 14. हे भूख.... हे मेरे जूही -अक्का महादेवी</p> <p>पाठ 15. सबसे खतरनाक-अवतार सिंह पाश</p> <p>पाठ 16. आओ, मिलकर बचाएँ- निर्मला पुतुल</p> <p>पूरक पाठ्यपुस्तक -वितान 1</p> <p>पाठ 3. आलो-आँधारि</p> <p>पाठ 4. भारतीय कलाएँ</p> <p>आंतरिक मूल्यांकन – 20 अंक</p> <p>(अ) श्रवण एवं वाचन कौशल- 10 अंक</p> <p>दिए गए विषय वस्तु के मूल्यांकन के आधार पर</p> <p>(ब) परियोजना कार्य — 10 अंक</p> <p>भाषा और साहित्य से जुड़े विविध विषयों/विधाओं/ साहित्यकारों / समकालीन लेखन के आधार पर</p>	
No. of Lesson -17	No. of Lesson- 18	

SESSION: 2025-26	
CLASS-XI	
PHYSICS	
Total Lesson-	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Ch-01 Units and measurements Ch-02 Motion in straight line Ch-03 Motion in plane Ch-04 Laws of motion Ch-05 Work energy and power Ch-06 System of particles and rotational motion. Ch-07 Gravitation Ch-08 Mechanical properties of matter. Experiments Section A 1 To measure the diameter of a small spherical body by vernier callipers. 2 To measure the diameter of thin wire by screw gauge. 3 Determine radius of curvature of spherical surface by spherometer. 4 To find weight of given body by using parallelogram of vectors. 5 Using a simple pendulum, plot it's graph and use it to find effective length of second pendulum. Activity Any four activity from section A	Ch-01 Units and measurements Ch-02 Motion in straight line Ch-03 Motion in plane Ch-04 Laws of motion Ch-05 Work energy and power Ch-06 System of particles and rotational motion Ch-07 Gravitation Ch-08 Mechanical properties of matter Ch-09 Mechanical properties of fluids Ch-10 Thermal properties of matter Ch-11 Thermodynamics Ch-12 Kinetic theory of gases Ch-13 Oscillations Ch-14 Waves Experiments Section A And Experiments Section B 1 To find force constant of helical spring 2 To determine the coefficient of viscosity of viscous liquid. 3 Relation between length of wire and frequency by sonometer. 4 To find the speed of sound in air at room temperature using a resonance tube. ACTIVITY Section A and any four activity from section B
No. of Lesson - 08	No. of Lesson- 14

SESSION: 2025-26	
CLASS-XI	
CHEMISTRY	
Total Lesson- 09	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Ch-01 Some Basic Concepts of Chemistry Ch-02 Structure of Atom Ch-03 Classification of Elements and Periodicity in Properties Ch-04 Chemical Bonding and Molecular Structure Ch-05 Thermodynamics Ch-07 Redox Reactions <u>PRACTICAL SKILL ASSESSMENT</u> <ul style="list-style-type: none"> • Determination of Melting Point of an Organic Compound. • Determination of Boiling Point of an Organic Compound. • Preparation of Standard Solution of Oxalic Acid. • Determination of Strength of a given Solution of Sodium Hydroxide by titrating it against Standard Solution of Oxalic Acid. • Preparation of Standard Solution of Sodium Carbonate. • Determination of Strength of a Given Solution of Hydrochloric Acid by titrating it against Standard Sodium Carbonate Solution. • Crystallization of impure sample of Copper Sulphate. <u>INVESTIGATORY PROJECT:</u> <ul style="list-style-type: none"> • Study of the methods of purification of water. • Study the acidity of different sample of tea leaves. Or any other investigatory project 	Ch-01 Some Basic Concepts of Chemistry Ch-02 Structure of Atom Ch-03 Classification of Elements and Periodicity in Properties Ch-04 Chemical Bonding and Molecular Structure Ch-05 Thermodynamics Ch-06 Equilibrium Ch-07 Redox Reactions Ch-08 Organic Chemistry: Some Basic Principles and Techniques Ch-09 Hydrocarbons <u>PRACTICAL SKILL ASSESSMENT</u> <ul style="list-style-type: none"> • Determination of One Anion and One Cation in a Given Salt Cations- Pb^{2+}, Cu^{2+}, Al^{3+}, Fe^{3+}, Mn^{2+}, Ni^{2+}, Zn^{2+}, Co^{2+}, Ca^{2+}, Sr^{2+}, Ba^{2+}, Mg^{2+}, NH_4^+ Anions $-(CO_3)^{2-}$, S^{2-}, NO_2^-, SO_3^{2-}, SO_4^{2-}, NO_3^-, Cl^-, Br^-, I^-, PO_4^{3-}, CH_3COO^- • Detection of -Nitrogen, Sulphur, Chlorine in Organic Compounds. • Study the shift in Equilibrium between Ferric Ions and Thiocyanate Ions by increasing/decreasing the Concentration of either of the Ions. • Determination of pH of some solutions Obtained from Fruit Juices, Solution of Known and Varied Concentrations of Acids, Bases and Salts using pH paper or universal indicator. <u>INVESTIGATORY PROJECT:</u> <ul style="list-style-type: none"> • Testing the Hardness, presence of Iron, Fluorides, Chlorides etc., depending upon the regional variation in drinking water and study of causes of presence of these ions above permissible limit. • Investigation of the foaming capacity of different washing soaps and the effect of addition of Sodium Carbonate on it. Or any other investigatory project.
No. of Lesson - 06	No. of Lesson- 09

SESSION: 2025-26	
CLASS-XI	
BIOLOGY	
Total Lesson -19	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Chapter 1: The Living World Chapter 2: Biological Classification Chapter 3: Plant Kingdom Chapter 4: Animal Kingdom Chapter 5: Morphology of Flowering Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Structural Organisation in Animals Chapter 8 Cell: The Unit of Life Chapter 9: Biomolecules Chapter 10: Cell Cycle and Cell Division Chapter 11: Photosynthesis in Higher Plants Practicals and Demonstrations: <ol style="list-style-type: none"> 1) Preparation and study of temporary and permanent slides of plant tissues (e.g. guard cells, parenchyma, collenchyma, sclerenchyma, xylem, phloem). 2) Study of flowering plants from families like Solanaceae, Fabaceae, and Liliaceae. 3) Study of different types of roots, stems, and leaves (modifications). 4) Study of plasmolysis in epidermal peels. 	Chapter 1: The Living World Chapter 2: Biological Classification Chapter 3: Plant Kingdom Chapter 4: Animal Kingdom Chapter 5: Morphology of Flowering Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Structural Organisation in Animals Chapter 8 Cell: The Unit of Life Chapter 9: Biomolecules Chapter 10: Cell Cycle and Cell Division Chapter 11: Photosynthesis in Higher Plants Chapter 12: Respiration in Plants Chapter 13: Plant Growth and Development Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination Chapter 17: Locomotion and Movement Chapter 18: Neural Control and Coordination Chapter 19: Chemical Coordination and Integration Practicals and Demonstrations: <ol style="list-style-type: none"> 1) Separation of plant pigments through paper chromatography. 2) Study of respiration in flower buds, leaf tissue and germinating seeds 3) Human skeleton and different types of joints with the help of virtual images/models only. 4) Preparation and study of T.S. of dicot and monocot roots and stems
No. of Lesson - 11	No. of Lesson- 19

SESSION: 2025-26	
CLASS-XI	
MATHEMATICS	
Total Lesson- 15	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Chapter 1 : Sets Chapter 2 : Relations and Functions Chapter 3 : Trigonometric Functions Chapter 4 : Complex Numbers Chapter 5 : Linear Inequalities Chapter 6 : Permutations and Combinations Chapter 7 : Binomial Theorem Chapter 8 : Binomial Theorem Practical Skill Assessment: i) To find the number of subsets of a set and verify that if a set has 'n' number of elements, then the total number of subsets is 2^n . ii) To identify whether a given relation is just a relation of a function.	Chapter 1 : Sets Chapter 2 : Relations and Functions Chapter 3 : Trigonometric Functions Chapter 4 : Complex Numbers Chapter 5 : Linear Inequalities Chapter 6 : Permutations and Combinations Chapter 7 : Binomial Theorem Chapter 8 : Binomial Theorem Chapter 9 : Sequence and Series Chapter 10 : Straight Lines Chapter 11 : Conic Sections Chapter 12 : Introduction to 3D Geometry Chapter 13 : Limits and Derivatives Chapter 14 : Statistics Chapter 15 : Probability Practical Skill Assessment: i) To write the sample space when a coin is tossed once, twice, thrice and four times. ii) To interpret geometrically the meaning of $i = \sqrt{-1}$ and its integral powers.
No. of Lesson - 08	No. of Lesson - 15

SESSION: 2025-26	
CLASS-XI	
ACCOUNTANCY (055)	
Total Lesson-	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Ch-1 Introduction to Accounting Ch-2 Basic Accounting Terms Ch-3 Theory Base of Accounting, Accounting Standard and IFRS. Ch-4 Bases of Accounting Ch-5 Accounting Equation Ch-6 Accounting Procedures - Rules of Debit and Credit Ch-7 Origin of Transactions- Source Documents and Preparation of Vouchers Ch-8 Journal Ch-9 Ledger Ch-10 Special Purpose Books I – Cash Book Ch-11 Special Purpose Books II - Other Books Ch-12 Accounting of Goods and Services Tax (GST) Ch-14 Trial Balance PRACTICAL SKILL ASSESSMENT Comprehensive Project Report and Viva Voce on any of the following topics. • Journal, Ledger and Trail Balance	Ch-1 Introduction to Accounting Ch-2 Basic Accounting Terms Ch-3 Theory Base of Accounting, Ch-4 Bases of Accounting Ch-5 Accounting Equation Ch-6 Rules of Debit and Credit Ch-7 Origin of Transactions Ch-8 Journal Ch-9 Ledger Ch-10 Special Purpose Books I – Cash Book Ch-11 Special Purpose Books II - Other Books Ch-12 Accounting of Goods and Services Tax (GST) Ch-13 Bank Reconciliation Statement Ch-14 Trial Balance Ch-15 Depreciation Ch-16 Provisions and Reserves Ch-17 Rectification of Errors Ch-18 Financial Statements of Sole Proprietorship Ch-19 Adjustments in Preparation of Financial Statements Ch-20 Accounts from Incomplete Records-Single PRACTICAL SKILL ASSESSMENT Comprehensive Project Report and Viva Voce on any of the following topics. • Trading Account • Profit & Loss Account • Balance sheet
No. of Lesson -	No. of Lesson-

SESSION: 2025-26	
CLASS-XI	
BUSINESS STUDIES (054)	
Total Lesson- 10	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
Ch 1- Evolution and fundamentals of business. Ch 2- Forms of business organisations. Ch 3- Public, private and global enterprises. Ch 4- Business services. Ch 5- Emerging modes of business. Ch 6- Social responsibility of business and business ethics. • PRACTICAL SKILL ASSESSMENT Comprehensive Project Report and Viva Voce on the following topic: <ul style="list-style-type: none"> Case study on a product (product having seasonal growth and regular demand) 	Ch 1- Evolution and fundamentals of business. Ch 2- Forms of business organisations. Ch 3- Public, private and global enterprises. Ch 4- Business services. Ch 5- Emerging modes of business. Ch 6- Social responsibility of business and business ethics. Ch 7- Sources of business finance. Ch 8- Small business Ch 9- Internal trade Ch 10- International business. • PRACTICAL SKILL ASSESSMENT Comprehensive Project Report and Viva Voce on any the following topics: <ul style="list-style-type: none"> Aids to trade Import/ Export procedure
No. of Lesson - 6	No. of Lesson- 10

SESSION: 2025-26	
CLASS-XI	
ECONOMICS	
Total units - 7	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
<p>PART-A STATISTICS FOR ECONOMICS Unit-1 Introduction of statistics in economics Ch-1 Economics: An introduction. Ch-2 Meaning, scope and importance of statistics. Unit-2 Collection, organisation and presentation of data. Ch-3 Collection of data. Ch-4 Organisation of data. Ch-5 Tabular presentation. Ch-6 Diagrammatic presentation Ch-7 Graphic presentation. Unit-3 Statistical tools and interpretation Ch-8 Measures of Central tendency-Arithmetic mean. PART-B INTRODUCTORY MICROECONOMICS Unit-4 Introduction of microeconomics Ch-1 Introduction Unit-5 Consumer's equilibrium and demand. Ch-2 Consumer's equilibrium. Ch-3 Demand Ch-4 Elasticity of demand Unit-6 Producer's behaviour and supply Ch-5 Production function Ch-6 Cost. PRACTICAL SKILL ASSESSMENT Comprehensive project report and viva voce on any of the following topics.</p> <ul style="list-style-type: none"> • Opportunity cost as an economic tool. • Effect on PPC due to various government policies. 	<p>PART-A STATISTICS FOR ECONOMICS Unit-1 Introduction of statistics in economics Unit-2 Collection, organisation and presentation of data Unit-3 Statistical tools and interpretation PART-B INTRODUCTORY MICROECONOMICS Unit-4 Introduction of microeconomics Unit 5 Consumer's equilibrium and demand Unit-6 Producer's behaviour and supply Unit-7 Forms of markets and price discrimination under perfect competition with simple applications PRACTICAL SKILL ASSESSMENT Comprehensive project report and viva voce on any of the following topics.</p> <ul style="list-style-type: none"> • Effect of price change on a substitute good • Effect of price change on a complementary good
No. of units - 6	No. of units- 7

SESSION: 2025-26	
CLASS-XI	
HISTORY	
Total Lesson-7	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
<p>1. Writing and City Life 2. An Empire Across Three Continents 3. Nomadic Empires 4. The Three Orders 5. Changing Cultural Traditions Internal Assessment: Project file on any one of the following: SUGGESTIVE TOPICS FOR PROJECTS - CLASS XI 1. Facets of Industrialization in the sixteenth- eighteenth centuries. 2. Crusades: causes; rationale; events; outcomes; Holy Alliance 3. Ancient History in depth: Mesopotamia 4. Greek Philosophy and City States 5. Contributions of Roman Civilization 6. The spirit of Renaissance: Manifestation in art; Literature; Sculpture; Influence on Trading Community; Social Fabric; Philosophy; Political Values; Rational Thinking; Existentialism 7. Aspects of Development -South American States /Central American States 8. Different schools of thoughts- Realism: Humanism: Romanticism 9. Piecing together the past of Genghis Khan 10. Myriad Realms of Slavery in ancient, medieval, and modern world 11. History of Aborigines – America /Australia 12. Facets of Modernization – China /Japan/Korea</p>	<p>1. Writing and City Life 2. An Empire Across Three Continents 3. Nomadic Empires 4. The Three Orders 5. Changing Cultural Traditions 6. Displacing Indigenous peoples 7. Paths to Modernisation Internal Assessment: Viva based on Project file made on any one of the following topics: SUGGESTIVE TOPICS FOR PROJECTS - CLASS XI 1. Facets of Industrialization in the sixteenth- eighteenth centuries. 2. Crusades: causes; rationale; events; outcomes; Holy Alliance 3. Ancient History in depth: Mesopotamia 4. Greek Philosophy and City States 5. Contributions of Roman Civilization 6. The spirit of Renaissance: Manifestation in art; Literature; Sculpture; Influence on Trading Community; Social Fabric; Philosophy; Political Values; Rational Thinking; Existentialism 7. Aspects of Development -South American States /Central American States 8. Different schools of thoughts- Realism: Humanism: Romanticism 9. Piecing together the past of Genghis Khan 10. Myriad Realms of Slavery in ancient, medieval, and modern world 11. History of Aborigines – America /Australia 12. Facets of Modernization – China /Japan/Korea</p>
No. of Lesson -5	No. of Lesson-7

SESSION: 2025-26

CLASS-XI

POLITICAL SCIENCE

Total Lesson- 15

TERM I

TERM II

HALF YEARLY EXAMINATION

ANNUAL EXAMINATION

PART-A: CONSTITUTION

Ch-1 Constitution Why and How?

Ch-2 Fundamental Rights.

Ch-3 Election And Representation.

Ch-4 Executive.

PART B: POLITICAL THEORY

Ch-1 Political Theory: An Introduction.

Ch-2 Freedom.

Ch-3 Equality.

Ch-4 Social Justice.

INTERNAL ASSESSMENT

Students can make a Project on any given of the Topic.

SUGGESTED TOPICS-

1. Making of the Constitution.
2. Elections in India.
3. Working of the Indian Judiciary System.
4. Social Justice: Are ethics followed in Indian Politics.

PART-A: CONSTITUTION

Ch-1 Constitution Why and How?

Ch-2 Fundamental Rights.

Ch-3 Election And Representation.

Ch-4 Executive.

Ch-5 Judiciary

Ch-6 Federalism.

Ch-7 Local Government.

PART B: POLITICAL THEORY

Ch-5 Rights.

Ch-6 Citizenship

Ch-7 Nationalism.

Ch-8 Secularism.

INTERNAL ASSESSMENT

A Comprehensive Project Work on any one of the suggested Topic.

SUGGESTED TOPICS-

1. Making of the Constitution.
2. Elections in India.
3. Working of the Indian Judiciary System.
4. Social Justice: Are ethics followed in Indian Politics.

No. of Lesson - 8

No. of Lesson- 11

SESSION: 2025-26	
CLASS-XI	
PHYSICAL EDUCATION	
Total Lesson-10	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
<ul style="list-style-type: none"> • Unit 1 Changing Trends and Careers in Physical Education • Unit 2 Olympism Value Education • Unit 3 Yoga • Unit 4 Physical Education and Sports for Children with Special Needs • Unit-5 Physical Fitness, Wellness, and Lifestyle • Unit 6 Test, Measurement & Evaluation PRACTICAL SKILL ASSESSMENT <ul style="list-style-type: none"> • Physical Fitness Test: • SAI Khelo India Test • Yogic Practices • Proficiency in Games and Sports 	<ul style="list-style-type: none"> • Unit 1 Changing Trends and Careers in Physical Education • Unit 2 Olympism Value Education Unit 3 Yoga • Unit 4 Physical Education and Sports for Children with Special Needs • Unit-5 Physical Fitness, Wellness, and Lifestyle • Unit 6 Test, Measurement & Evaluation • Unit 7 Fundamentals of Anatomy, Physiology in Sports • Unit 8 Fundamentals Of Kinesiology And Biomechanics in Sports • Unit 9 Psychology and Sports • Unit 10 Training & Doping in PRACTICAL SKILL ASSESSMENT <ul style="list-style-type: none"> • Physical Fitness Test: • SAI Khelo India Test • Yogic Practices • Proficiency in Games and Sports • Record File • Viva-voce Sports
No. of Lesson -06	No. of Lesson-10

SESSION: 2025-26	
CLASS-XI	
HINDUSTANI MUSIC VOCAL	
TERM I	TERM II
HALF YEARLY EXAMINATION	ANNUAL EXAMINATION
<p>Unit 1 1.1 Brief of the following: Nada, Shruti, Swar, Saptak, Thaata, Jati, Laya, Tala 1.2 Brief study of the following: Margi - Desi, Raga</p> <p>Unit 3 3.1 Brief study of Musical Elements in Natya Shastra 3.2 Life sketch and contribution of Tansen, V.N. Bhatkhande and V.D. Paluskar.</p> <p>Unit 4 4.1 Description of Prescribed Talas along with Tala Notation with Thah, Dugun and Chaugun <ul style="list-style-type: none"> Teentala Ektala Chautala 4.2 Knowledge of the Structure of Tanpura</p> <p>Practical File & Viva- voce 1. One Vilambit Khayal with simple elaborations and few tanas in any one of the prescribed Ragas. 2. One Devotional Song. 3. Ability to recognize the prescribed Ragas from the phrases of Swaras rendered by the Examiner.</p>	<p>Unit 1 1.1 Brief of the following: Nada, Shruti, Swar, Saptak, Thaata, Jati, Laya, Tala 1.2 Brief study of the following: Margi - Desi, Raga</p> <p>Unit 2 2.1 Brief History of the following Dhrupad, Khayal and Tarana.</p> <p>Unit 3 3.1 Brief study of Musical Elements in Natya Shastra 3.2 Life sketch and contribution of Tansen, V.N. Bhatkhande and V.D. Paluskar.</p> <p>Unit 4 4.1 Description of Prescribed Talas along with Tala Notation with Thah, Dugun and Chaugun <ul style="list-style-type: none"> Teentala Ektala Chautala 4.2 Knowledge of the Structure of Tanpura</p> <p>Unit 5 5.1 Critical study of Prescribed Ragas along with Recognizing Ragas from phrases of Swaras and elaborating them excluding Raga Jaunpuri. 5.2 Writing in notation the compositions of Prescribed Ragas Bihag <ul style="list-style-type: none"> Bhimpalasi Bhairavi </p> <p>Practical File & Viva- voce 1. One Vilambit Khayal with simple elaborations and few tanas in any one of the prescribed Ragas. 2. One Drut Khayal with simple elaboration and few tanas in the following Ragas: Bihag, Bhairavi and Bhimpalasi.</p>